



WEEK 1

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
SOUP OF THE DAY						
MAIN COURSE						
Pork, Cider & Apple Pie Served With Creamed Potatoes, Green Beans & Gravy	Bacon Hotpot Served With Cabbage Medley	Sausage Casserole Served With Boiled Potatoes and Carrot Puree	Minced Steak Pie Served With Sweet Potatoes Mash and Cauliflower & Broccoli With a Cheese Sauce	Fisherman's Pie Served With Mixed Vegetables	Boiled Beef Served With Carrots, Baby Potatoes and Garden Peas	Roast Chicken Served With Roast & Creamed Potatoes, Gravy, Sage & Onion Stuffing, Sprouts & Parsnips
DESSERT						
Fruit Cobbler & Custard	Mandarin Tart	Fruit Crumble & Cream	Ginger Sponge & White Sauce	Rice Pudding	Coconut Sponge & Custard	Apple Pie & Cream
FOR £1 YOU CAN ADD AN EVENING TEA :- SANDWICHES OF YOUR CHOICE, OR A SALAD AND A COLD DESSERT						
<p>IF YOU ARE ALLERGIC TO ANY FOOD PRODUCTS OR HAVE SPECIFIC DIETARY REQUIREMENTS AND ARE UNSURE IF OUR MEALS WOULD BE SUITABLE FOR YOU, THEN WE REQUEST THAT BEFORE YOU ORDER A MEAL, YOU DISCUSS ANY ALLERGIES OR REQUIREMENTS THAT YOU MAY HAVE WITH ONE OF THE COOKS OR LEADERSHIP TEAM. THEY WILL BE ABLE TO ADVISE YOU OF ANY ALLERGENS IN OUR MEALS IN ORDER FOR YOU TO DECIDE IF OUR MEALS ARE SUITABLE FOR YOU</p>						



WEEK 2

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
SOUP OF THE DAY						
MAIN COURSE						
Leek & Ham Pie Served With Boiled Potatoes & Sweetcorn	Cottage Pie Served With Mushy Peas, Gravy & Pickled Beetroot	Lamb Hotpot Served With Braised Red Cabbage	Chicken Casserole Served With Baby Potatoes & Carrot Batons	Fish Goujons Served With Tomato Sauce, Grilled Cheese Mash & Garden Peas	Sausage Plait Served With Onion Gravy, Crispy Potatoes & Green Beans	Roast Beef Served With Yorkshire Pudding, Roast & Creamed Potatoes, Gravy, Carrots & Cabbage
DESSERT						
Coffee Sponge & White Sauce	Strawberry Tart & Whipped Cream	Stewed Apples with Sweet Dumplings & Custard	Sherry Trifle	Tapioca	Pineapple Upside Down Pudding & Custard	Pear Crumble and Cream
FOR £1 YOU CAN ADD AN EVENING TEA :- SANDWICHES OF YOUR CHOICE, OR A SALAD AND A COLD DESSERT						
<p>IF YOU ARE ALLERGIC TO ANY FOOD PRODUCTS OR HAVE SPECIFIC DIETARY REQUIREMENTS AND ARE UNSURE IF OUR MEALS WOULD BE SUITABLE FOR YOU, THEN WE REQUEST THAT BEFORE YOU ORDER A MEAL, YOU DISCUSS ANY ALLERGIES OR REQUIREMENTS THAT YOU MAY HAVE WITH ONE OF THE COOKS OR LEADERSHIP TEAM. THEY WILL BE ABLE TO ADVISE YOU OF ANY ALLERGENS IN OUR MEALS IN ORDER FOR YOU TO DECIDE IF OUR MEALS ARE SUITABLE FOR YOU</p>						



WEEK 3

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
SOUP OF THE DAY						
MAIN COURSE						
Chicken & Mushroom Pie Served With Boiled Potatoes & Brussel Sprouts	Roast Gammon Served With Creamed Potatoes, Parsley Sauce & Braised Celery	Potato & Meat Pies with a suet crust Served With Gravy, Mushy Pease & Pickled Sliced Onions	Lasagne Served With Crispy Potatoes & Green Beans	Poached White Fish in Butter Sauce Served With Champ Mash & Broccoli	Corned Beef Hash Served With a Short Crust Top Served With Carrot & Swede Puree	Roast Pork Served With Roast & Creamed Potatoes, Gravy, Garden Peas, Cauliflower and Sage & Onion Stuffing
DESSERT						
Jam & Coconut Sponge & Custard	Plum Crumble & Cream	Coffee & Orange Sponge & Custard	Apple Strudel & Cream	Semolina	Chocolate Sponge & White Sauce	Cherry Pie & Cream
FOR £1 YOU CAN ADD AN EVENING TEA :- SANDWICHES OF YOUR CHOICE, OR A SALAD AND A COLD DESSERT						
IF YOU ARE ALLERGIC TO ANY FOOD PRODUCTS OR HAVE SPECIFIC DIETARY REQUIREMENTS AND ARE UNSURE IF OUR MEALS WOULD BE SUITABLE FOR YOU, THEN WE REQUEST THAT BEFORE YOU ORDER A MEAL, YOU DISCUSS ANY ALLERGIES OR REQUIREMENTS THAT YOU MAY HAVE WITH ONE OF THE COOKS OR LEADERSHIP TEAM. THEY WILL BE ABLE TO ADVISE YOU OF ANY ALLERGENS IN OUR MEALS IN ORDER FOR YOU TO DECIDE IF OUR MEALS ARE SUITABLE FOR YOU						



WEEK 4

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
SOUP OF THE DAY						
MAIN COURSE						
Sausages Served With Onion Gravy, Creamed Potatoes, Yorkshire Pudding & Carrot Batons	Chicken Supreme Served With Roast Potatoes & Mixed Vegetables	Minced Beef & Dumplings Served With Boiled Potatoes & Cauliflower With Cheese Sauce	Pork Casserole Served With Jacket Potatoes & Savoy Cabbage	Salmon & Parsley Sauce Served With Croquet Potatoes and Diced Carrots Swede	Braising Steak in Gravy Served With Baby Potatoes and Diced Carrots & Swede	Roast Lamb Served With Mint Sauce, Creamed & Roast Potatoes, Carrot Batons & Mushy Peas
DESSERT						
Egg Custard	Syrup Sponge & Custard	Bakewell Tart & Custard	Rhubarb Crumble & Custard	Bread & Butter pudding & Cream	Lemon Sponge & Custard	Strawberry Tart & Whipped Cream
FOR £1 YOU CAN ADD AN EVENING TEA :- SANDWICHES OF YOUR CHOICE, OR A SALAD AND A COLD DESSERT						
<p>IF YOU ARE ALLERGIC TO ANY FOOD PRODUCTS OR HAVE SPECIFIC DIETARY REQUIREMENTS AND ARE UNSURE IF OUR MEALS WOULD BE SUITABLE FOR YOU, THEN WE REQUEST THAT BEFORE YOU ORDER A MEAL, YOU DISCUSS ANY ALLERGIES OR REQUIREMENTS THAT YOU MAY HAVE WITH ONE OF THE COOKS OR LEADERSHIP TEAM. THEY WILL BE ABLE TO ADVISE YOU OF ANY ALLERGENS IN OUR MEALS IN ORDER FOR YOU TO DECIDE IF OUR MEALS ARE SUITABLE FOR YOU</p>						